

Tempe Sister Cities Monthly



TSC Inspires a Future in World Healthcare

Milena Carrera was a delegate to Lower Hutt, New Zealand in 2013. During her first year at the University of Arizona, Milena embarked on a weeklong medical trip to Honduras with the University of Arizona's Global Medical Brigades. This organization provides multidimensional brigade trips, ranging from business to human rights, all around the world.

With an interest in nursing, Milena signed up for a medical brigade to discover if healthcare was to be her career. During the trip, volunteers were responsible for setting up clinics in rural villages, assisting with triage, medication, and health education. She had the opportunity to shadow American and Honduran doctors, and use some of her second language skills.

After a week of new experiences, Milena realized she not only had the ability, but the desire to help people for the rest of her life. Milena applied and was admitted to the University of Arizona Nursing Program and is now finishing her first year of nursing school. She is currently a junior with a minor in Spanish and has completed a first year honors project (started when she went to Honduras) studying health as a human right and is now completing an honors thesis. She believes that the Tempe Sister Cities program allowed her to gain global awareness and understand the impact we can all have transnationally. Due to her exposure to other countries starting with Tempe Sister Cities, Milena wants to travel and use her skills to help others around the world.



Previous Tempe Sister Cities delegate, Milena Carrera, is shown caring for a little girl by teaching her how to floss her teeth during a Medical Brigade trip to Honduras.

Photo courtesy of Milena Carrera

- Submitted by Milena Carrera



Veronika Eckstein, Monica Lorenz, and Doreth Rothmuller with Lorrie Nelson at the Heard Museum.
Photo courtesy of Lorrie Nelson

Regensburg Teachers Begin Our 2016 Professional Educator Exchange

Three lovely people from Regensburg came to be with us on March 10, and by the time you are reading they will have been back home for a few days. Those of us who have been touched by their presence here are once again feeling amazed at what these visits do for our hearts and minds through connections we make with people across the ocean and nearly 6,000 miles away. Thank you to all who have done jobs large and small to make these visits possible; it does indeed take all of us. We promise more news of the Regensburg Educator Exchange in the next issue of TSC Monthly.

- Submitted by Lorrie Nelson

Bringing the World Together....One Friendship at a Time



Hackett House Happenings

Lesson 4: Tracy Dempsey, Owner of Tracy Dempsey Originals

Monday, May 2, 2016

Menu:

Amuse Bouche: Gougères/Vichyssoise Shooter/Savory Canelés

Paté de Campagne/Pickled Vegetables/Wonder

Mustard Rough Stuff Mustard/Noble Bread/Homemade Butter with Fleur de Sel

Oven roasted Salmon/Lentilles de Puy/Sautéed

Radishes and Frisée/Herbes de Provence vinaigrette

Blueberry Lemon Galette/Lavender Honey Ice Cream

DINNER PARTY COOKING CLASSES

LEARN TO COOK
LIKE THE PROS!

Lesson 5: Tim Doolittle (aka Taz), Master Cooking Instructor

Monday, May 9, 2016

The full menu will be posted when it becomes available.

To register for any or all of the Cooking Classes, please call 480-350-8181 or register on-line through our website: www.hacketthouse.org

Make a Summer Program Donation Online

It's easy! Just visit the TSC website at www.tempesistercities.org.

Please help TSC by donating to the student summer activities programs. Each year the 32 Tempe student delegates raise funds to support the many summer activities they enjoy with the 32 international student visitors from our sister cities.

You can pay online with your credit card by using PayPal as a "guest." No PayPal account is required. Simply follow the prompts online.

Tempe Sister Cities as a 501(c)3 compliant non-profit organization. **Your donation is 100% tax deductible.**





tempe
SISTER CITIES

Youth Group News

At our March Youth Group meeting, we were lucky enough to have two past ambassadors, Megan Bible and Lindsey Allemang, join us as guest speakers. The two offered great advice about anything and everything having to do with college. They spoke to us about applying, getting scholarships, choosing your classes, and also about how their Sister Cities experiences have impacted them in their college lives. Megan traveled to Beaulieu sur Mer, France and graduated from Northern Arizona University. She shared with us that her next step in life is to attend flight school to become a pilot and continue her international endeavors. Lindsey traveled to Cuenca, Ecuador in 2013 and now attends Barrett, the Honors College at Arizona State University where she double majors in Political Science and Global Studies. Participating in Sister Cities helped spark Lindsey's career interest and she will be doing an internship in Washington D.C. this summer.

In other Youth Group news, we are happy to have two new members, Kylie and Elle who both attend Corona del Sol High School. We also want to congratulate all newly 2016 student ambassadors who will participate in the summer exchange program. Get ready for the best summer of your life! Our philanthropy event for April is Kits for Kids through Project Cure. Kits for Kids provide personal hygiene and basic "medicine cabinet" items that are hard to come by in developing countries. Each youth group member will participate by bringing items to pack in the bags. We plan to pack forty different bags, each of which will end up in a different place.

We are happy to announce that our pancake breakfast fundraiser at Applebee's in March was a huge success! We sold 106 delicious meals and raised a grand total of \$1,078!! We are so grateful to those who attended the fundraiser and bought tickets. With this fundraiser, we are so close to achieving our goal of raising \$2000 to help send members of our Youth Group to Washington D.C. where they will participate in an international youth summit. We greatly appreciate your support for our Youth Group.

The Youth Group is open to all Tempe citizens ages 14-18 years old. It is a philanthropy-based group that also concentrates upon developing leadership and public speaking opportunities.

- Submitted by Morgan Otis, Youth Group Secretary

YouthFest 2016 Honors Tempe Top Teens

On March 28, 2016, YouthFest was hosted by Mayor Mark Mitchell, members of the Tempe City Council, and the Tempe Diablos, a philanthropic group. In addition to 11 teens honored with Courage Awards for overcoming physical limitations, health conditions or family situations, **four** of TSC's 2015 Youth Ambassadors were named among Tempe Top Teens. These teens were chosen for having shown exemplary efforts in academics, athletics, arts, music, citizenship, community service and demonstration of social conscience.

Congratulations to the these Top Teens!

Dominic Bonelli, Trollhättan, Sweden, 2015, President of the Youth Group

Sara Higginbotham, Regensburg, Germany, 2015

Christopher Moffitt, Zhenjiang, China, 2015

Morgan Otis, Beaulieu sur Mer, France, 2015, Secretary of the Youth Group

TSC Youth Ambassador Summer Program

The Summer Coordinators, David and Dede Carrera, and their Committee Chairs are hard at work planning a full calendar of activities for the 2016 international students this summer! Major activities include these annual events:



- Grand Canyon trip - July 18 - 20
- California trip - July 22 - 24
- Prom - July 30
- Diamondback tour and game - August 5

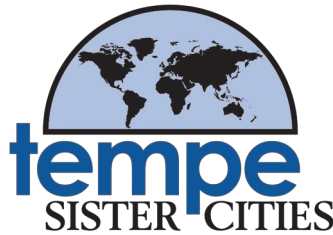
Welcome to these new Tempe Sister Cities members (and Lifetime upgrades):

Friend Membership

Victoria Clark
 Jean & Mark Gordon

Individual/Family Membership

Christina & James Bruno
 Jim Clark & Lisa Bayne
 Antonio Guaglianone & Carey Culbert
 Robert Guignard & Betty Rees
 Rich & Sharzad Green
 Johnathan & Seteara Haddock
 Stephen Lehner & Maria Barnwell
 Ryan Royce



Tempe Sister City Corporation (TSC) is in the business of making friends – globally. TSC provides student and educator exchange programs for City of Tempe residents.

Tempe Sister Cities Officers

President	Richard Neuheisel
Vice President	Harry Mitchell
2nd Vice President	Angie Taylor
Secretary	Michael Curd
Treasurer	Karin Meyer
Historian	Debbie Duncan
www.tempesistercities.org	
95 W. 4th Street, Tempe, AZ 85281	

TSC Monthly Editor: Jacqueline de la Houssaye. Please submit content to jackiedelah@gmail.com by the 20th of each month (or the Fri after the Board Meeting) to be included in the next issue.

Tempe Sister Cities Membership Form

www.tempesistercities.org

Join online at www.tempesistercities.org/become-a-member, or use this convenient form with your check payable to Tempe Sister Cities Corporation and mail to: **Tempe Sister Cities, 95 W. 4th St., Tempe, AZ 85281.**

Please choose a category:

- \$25 Ambassador/Student
- \$35 Individual/Family
- \$50 Friend of Tempe Sister Cities
- \$200 Corporate Membership
- \$400 Lifetime Membership

names year first joined

address city state/province country zip/postal code

home/work phone (circle one) mobile phone (name) email address

home/work phone (circle one) mobile phone (name) email address

